



Activity Calendar

September



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|---|
| | Make a batch of applesauce and let the toddler mash the cooked apples. | Practice numbers as you sing "This Old Man." | Create a stencil by cutting a plastic lid. Tape it to paper for the toddler to color inside. | Jump over cracks in the sidewalk while on a walk. | Fill a shoebox with some dry rice and hide small toys in it. | Roll a ball up a slide and catch it as it rolls back down. |
| Sort raisins, small crackers, and other snacks into the cups of an empty egg carton. | Collect rocks on a walk and come inside to wash them off in a basin. | Think of and say words that begin with the same letter as the toddler's name. | Add actions as you sing "London Bridge Is Falling Down." | String rigatoni or penne pasta onto a length of yarn to make a necklace. | Sort and match different colored blocks by color. | Rip pieces of magazines and glue onto construction paper to make a collage. |
| Listen for sounds outdoors and try to identify them together. | Fill and empty cups in the bathtub. Talk about "floating" and "sinking." | Go on an "orange hunt" to find items that are orange in your home. | Have a favorite doll or teddy bear join you for a tea party. | Practice whispering by telling each other special messages at bedtime. | Collect dirty laundry in a laundry basket together. | Cut an apple in half, dip into paint, and use as a stamp. |
| Have an indoor breakfast picnic in pajamas. | Make a pattern with toys, such as car, truck, car, truck. | Practice giving five "up high" and "down low." | Use cookie cutters to cut shapes from clay. | Move a flashlight beam around at nighttime for the toddler to try to "catch." | Collect leaves. Feel them. Trace the shape with the child's fingers. | |

NOTE: The suggested activities in this calendar are for family members to do with toddlers ages 18–36 months. Before you begin, make sure the daily activity is appropriate for the age, skill level, and interests of your child.