



## Activity Calendar

# January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Sing "Head, Shoulders, Knees, and Toes" together.	Fill a box with dress-up clothes and hats for pretend play.	Tap pots and pans with spoons to make music.	Draw a snowy scene with white chalk on black paper.	Read <i>Goodnight Moon</i> as you cuddle at bedtime.	Sort socks, making a pile for each color.
Let your toddler dip their hands in paint and make handprints.	Put puzzles with only three pieces together.	Practice numbers as you sing "Five Little Ducks."	Together, cover a table with a blanket to make a tent. Take a nap in it.	Place masking tape on the floor. Walk heel to toe on the line.	Use a cardboard tube as a horn. Toot <i>ta-ta-da-dah</i> into the tube.	Read the book <i>Ten Apples Up on Top</i> to explore "top" and "bottom."
Track a flashlight beam as it moves around the room.	Explore ice cubes or snow. Talk about how it feels and tastes.	Move water. Soak it up with a sponge and squeeze it out in a tub.	"Tip" and "pour" as you sing "I'm a Little Teapot."	Help your child put o-shaped cereal on a strand of yarn. Hang it outside for the birds.	Build tall buildings with blocks.	Match lids with the right jars and screw them on.
Read Mother Goose Rhymes, such as "Three Little Kittens."	Use empty bottles as bowling pins. Roll a soft ball to knock them over.	Make a pattern with utensils, such as fork, spoon, fork, spoon.	Use cookie cutters to cut shapes in clay.	Walk up or down stairs. Count them as you go, 1, 2, 3, 4, 5.	Learn letter names as you sing "Bingo."	

NOTE: The suggested activities in this calendar are for family members to do with toddlers ages 18–36 months. Before you begin, make sure the daily activity is appropriate for the age, skill level, and interests of your child.