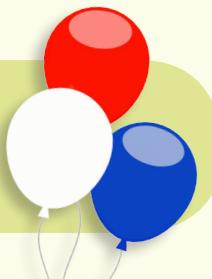




Activity Calendar

July



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Draw on a sidewalk with red, white, and blue chalk.	Hold a flag and march in your own parade.	Paint fireworks. Dip fingers in paint and streak across paper.	Wear red, white, and blue clothes today.	Try a red food such as watermelon or beets.	Hold red and blue streamers as you dance.
Hold your child in your lap and swing together.	When grocery shopping, point out different items and name them.	Touch your child's toes to his nose.	Sing "Ring Around the Rosie" as you dance in a circle.	Curl up in a quiet place to read a favorite book.	Explore numbers as you count toes and fingers.	Make each other laugh by making funny faces.
Read a book about shapes, such as <i>Hey, Don't Take My Shapes</i> .	Show your child how to snap together pop beads.	Drop crayons into an empty water bottle to explore "in" and "out."	Make a chart to mark baby's growth.	Hold the baby above your head and say "So big!"	With a toy hammer, tap crayons into sand or dirt.	Make animal sounds as you sing "Old MacDonald."
Hide a ball under a cup. See if baby will look for it.	Help your child zip and unzip large zippers.	On a hot day, give your child an ice cube to explore.	Play Peek-a-Boo with a stuffed animal.	Stack toilet paper rolls and then push them over.	Set play clay on a high chair tray. Let baby poke, pinch, and pat it.	

NOTE: The suggested activities in this calendar are for family members to do with infants ages 0–18 months. Before you begin, make sure the daily activity is appropriate for the age, skill level, and interests of your child.